

INFORMED CONSENT QUESTIONS

These are a set of questions that you can use to communicate with your care provider before, during and after the birth of your child. Regardless of whether you choose to work with me or not, you should be able to get the information that you need from your care provider to make informed decisions during your pregnancy and birth. These questions are designed to help you communicate better with medical staff, not to be confrontational. If they were proposing a procedure, test or intervention you could ask any of the following:

- 1) Is this an emergency or do we have time to talk?
- 2) What would be the health benefits of doing this?
- 3) What would be the risks to the mother and to the baby?
- 4) If we do this, what other procedures or treatments might we end up needing as a result?
- 5) What else could we try first or instead?
- 6) What would happen if we waited an hour or two? (or day or week depending on the situation)
- 7) What would happen if we didn't do it at all?
- 8) How many times have you preformed this procedure?
- 9) What is the error rate of this test?